

**Leah Guy**

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**AUTHOR      MEDIA PERSONALITY      MODERN SAGE      ENTREPRENEUR**

Inspirational teacher with a broad background in the healing arts. Exceptional speaker and facilitator offering transformation-driven leadership. Expert on topics such as mindfulness, the mind-body connection, energy medicine, emotional trauma and spiritual healing. With personal experience, a down-to-earth and often humorous approach, Leah is one of the most relatable leaders in the field.

**SPEAKING & SEMINARS**

WebMD	NJ
Forsman & Bodenfors	NYC
LilyDale Assembly	NY
The Open Center	NYC
City of Jersey City	NJ
School of Visual Arts	NYC
New Life Expo	NYC
Alive Expo	ATL
Athena Awards	KY
Windmill Alliance	NJ
Satellite Media Tour	National
The Breasties	PA

**NOTABLE ACCOMPLISHMENTS**

DailyOM	2x Course Author	2017-2019
Author	The Fearless Path (Red Wheel/Conari)	2017
Insight Timer	Meditation Leader (30k+ downloads)	2018-2019
Modern Sage	Owner; Wellness Brand	2013-2019
A Girl Named Guy Prod	Owner; Lifestyle Media Company	2007-2019
YouTube	Over 1.7 million views	
Private Practice Healer	Over 23 years experience	1996 – 2019

**RELEVANT EXPERIENCE AND ASSETS**

**Guest on hundreds of TV, radio and podcasts:**

Jenny McCarthy, Fox in the Morning, NBC, Yoga Journal, Elephant Journal, CT Style, Knowledge for Men, Conscious Life News, major brand sponsorships (Jenny-O Turkey, Diffuser World, NOW supplements, Snak-Pack)

**Host & Producer:** Interviewed major celebrities and notables. Deepak Chopra, Lee Brice, Flavor Flav, Seane Corn, Judy Norton, John Popper, The Amazing Kreskin, Gary Wright

Professionally trained in media & communication as well as holistic health & mindfulness.

## **EDUCATION & TRAINING**

BA Communications	University of Louisville	KY
CMT Bodywork & Wellness	Alive & Well Institute	CA
Energy Healing & Meditation	School of Enlightenment & Healing	CA
Commercial Training	Tepper Gallegos	CA
Improv & Performance	The Groundlings	CA

## **SOCIAL MEDIA**

FB: [Leah Guy Live](#)

Facebook: [Leah Guy](#)

Instagram: [leahguylive](#)

YouTube: [Leah Guy](#)

YouTube: [Who's On Deck](#)

LinkedIn: [Leah Guy](#)